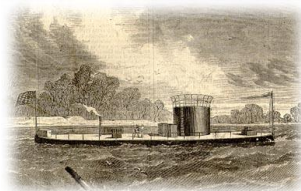


Monitor Lodge #218

Sacramento, California

Meets at I.O.O.F. Hall, 1831 Howe Ave

<https://www.monitorlodgesacramento.org/>



April (April) 2026

Our March meeting was a pleasant one at which we enjoyed a delicious Corned Beef and cabbage dinner and good conversations. We held a brief business meeting that included welcoming two new members, Shari Moody and Abril Sancen. We concluded the evening with a fascinating presentation by Sara Huber about runes and runestones in Scandinavia. Sara's presentation and some additional informational links are now posted on Monitor's website:

<https://www.monitorlodgesacramento.org/resources/past-cultural-presentations/>

Upcoming Monitor events. April will see us returning to the Doubletree for our 114th anniversary luncheon followed by our annual Sillfrukost brunch at Lisa and Charley Rea's home in May and our traditional Midsommar celebration in June at the IOOF Hall..

Important reminder: Our 2026 dues were due on January 1, 2026 and are delinquent as of March 31st. Remember that the yearly dues are \$50.00 per active member. Please make checks payable to Monitor Lodge #218 and mail your dues to:

Monitor Lodge #218
c/o Johanna Benker, Financial Secretary
6040 Plum Canyon Lane
Roseville, CA 95747

We also ask that you consider making a donation to our scholarship fund when you send in your renewal check "in honor of" or "in memory of" a loved one or just because.

Annual Program book updates. Please contact Brian Horsfield, Yvonne Magneheim and Chuck Johnson with any needed changes so we can update the Program Book, member database and newsletter mailing list. There are two updates as of March:

2026 Calendar of events

(dates subject to change)

April 11th - Monitor's 114th Anniversary luncheon

April 24-26 - District convention location TBD

May 9th - Kraftskiva at location TBD

June 5th - Friday - Midsommar at IOOF Hall

June 6th - Saturday - District Sweden Day - location TBD

July - no meeting

August 8th - Saturday - Kraftskiva

September 4th - Friday - Nominations - 2027 officers

October 2nd - Friday - Swedish Tacos

November 6th - Friday - FIKA- elections

December 5th - Saturday - Julbord and Glögg party

December 11th - Friday - St. Lucia

2027 Calendar of events

(dates subject to change)

January 8th - Friday - Installation of officers

February 5th - Friday - Pea Soup & Pancakes

March 5th - Friday - Corned Beef & Cabbage

April 10th - Monitor's 115th Anniversary luncheon

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Page 9: Shari Moody *new member*
208 San Antonio Way
Sacramento, CA 95819
916-870-8537
slkmoody@gmail.com

Page 11: Abril Sancen *new member*
P.O. Box 399
Carmichael, CA 95609
628-280-7915
abril.sancenm@gmail.com

A gratis på födelsedagen to our birthday celebrants for **April**: Annika Anderson*, Edy Anderson*, Dick Baldwin*, Sara Huber, Michelle Kauffman*, Sandra Kesler, Barry Moore, Bobbie Watson, Lisa Widmark and Tiffany Yokoi. (* denotes member 75 years of age or older).

Did you know _____ about Monitor Lodge? This occasional section features factoids about Monitor Lodge and VASA. This month we extracted some more history from the Monitor Centennial report:

*“Early activities [in the 1920s and 30s] included a picnic in the summer. One of particular note was held in Smith Mount Grove located about six miles north on the east bank of the Sacramento river. A barge pulled by a **steam powered stern wheeler river boat** was rented for the trip. There was singing and dancing even on the barge as well as at the picnic which was accompanied by a Danish violinist named "Walter". Though his last name is forgotten, his fiddle music lived on in the hearts of the Lodge's "Old Timers". Later sites were the Wood Lake Park in North Sacramento, in Wilton and in West Sacramento where the Sacramento-Yolo Port District [established in 1946] is now located.”*

Current financial report (summary) as of March from our Financial Secretary and Treasurer. We continue to be in the black but with increasing costs we need to explore other opportunities to raise monies to support Monitor’s activities and scholarships. The March figures reflect the istrict/Grand Lodges assessment for 2025 of \$2,568.75.

<u>General Fund</u>	<u>Children's Club</u>	<u>Nål och Tråd</u>	<u>Scholarship</u>	<u>Totals</u>
\$5,143.31	\$93.77	\$5,189.37	\$9,154.62	\$19,581.07

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How good is your Swedish vocabulary? If you want to brush up on your Swedish you have several options. We have Monitor's in-person/ZOOM Swedish language classes led by Will Hanley. In addition to the on-line tutorials utilized by some of Will's students at Innovative

Languages (<https://www.innovativelanguage.com/>) you will find Swedish vocabulary and lessons in Nordstjernen (<http://www.nordstjernen.com/>) and in the Swedish edition of The Local (<https://www.thelocal.se/>). You can also get a language fix from bi-weekly podcasts at: <https://shows.acast.com/the-newbie-guide-to-sweden-podcast>.

Today's word of the day is provided by the [January 16, 2024](#) edition of *The Local* is a memorable Swedish word of the people and for the people: **folklig**.

Folk simply means "people", but it is used in a great number of ways, and in a great number of words. It refers to people in a broader sense, such as in a national sense (*det svenska folket* – the Swedish people) or to talk about people joined by some sort of characteristic or habit (*förr i tiden gick folk i kyrkan varje söndag* – in the old days people went to church every Sunday).

Folklig, as you may have guessed if you're familiar with Swedish grammar, is the adjective form of the noun *folk*. To be *folklig* means to be closely related to the people or the general public, but also to reflect the people or to have sprung from the people. Traditions can for example be *folkliga* as opposed to *religiösa* (religious), but also in the sense that they are observed by many people rather than just a few. Even food items, for example, can in theory be *folkliga* if they're eaten and appreciated by many, as opposed to a delicacy.

You often hear the word used to describe a person, usually a public figure, as an ordinary person, in a good way. This means that they are considered to be close to the people or even one of them, even though their status in society in some way sets them apart from the masses.

Counter-intuitively, to be described as *folklig* you almost have to be seen as extraordinary, in a way. Your neighbour Sven Svensson is definitely much more of an ordinary person than, say, Crown Princess Victoria, but she's more likely than Sven to be referred to as *folklig*.

To be described as *folklig*, however, it is necessary to spend several years demonstrating a down-to-earth, approachable, and to a certain degree humble personality to gain public favour. Once a person has it, they may enjoy huge popularity – they may even become [*folkkära*](#).

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Example sentences:

Sveriges monarki har stort folkligt stöd. The Swedish monarchy enjoys great public support.

Hon känns folklig trots att hon är kändis. She feels like one of the people despite being a celebrity.

For the good of the order: 1. An excellent movie to practice your Swedish: ***A Man Called Ove*** on Netflix (Swedish audio with Swedish or English subtitles):

https://www.netflix.com/title/80102116?g=bbc436fb-c5cc-491c-86c6-5d51dd0ab1bd&lkid=URL_TITLECOLLECTION_NEW_ON_NETFLIX_IMAGE_1&Inktrk=EVO&trkid=13710079&MSG_TITLE=80102116

2. Start limbering up your dancing moves and your singing voice in preparation of our Midsommar celebration in June.



Editor: Chuck Johnson

