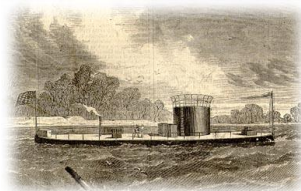


Monitor Lodge #218

Sacramento, California

Meets at I.O.O.F. Hall, 1831 Howe Ave

<https://www.monitorlodgesacramento.org/>



Mars (March) 2026

Our February meeting was a busy one albeit a bit more lightly attended than normal. Ed Netzel, our chairman, and Ken Carlson presided over the portable griddles making lots of delicious Swedish pancakes to complement the pea soup efforts overseen by Peggy Carlson. We then moved on to our business meeting with the two most important items being presenting Marianne Ek with her Honorary Life Member (HLM) certificate and the continuation of lively discussions on options to increase lodge income to offset increasing expenses.

Upcoming Monitor events. We will have our Corned Beef & Cabbage in March. April will see us returning to the Doubletree for our 114th anniversary luncheon followed by our annual Sillfrukost brunch at Lisa and Charley Rea's home in May.

Important reminder: Our 2026 dues are due on January 1, 2026 and delinquent on March 31st. Remember that the yearly dues are \$50.00 per active member. Please make checks payable to Monitor Lodge #218 and mail your dues to:

Monitor Lodge #218
c/o Johanna Benker, Financial Secretary
6040 Plum Canyon Lane
Roseville, CA 95747

We also ask that you consider making a donation to our scholarship fund when you send in your renewal check "in honor of" or "in memory of" a loved one or just because.

Annual Program book updates. Please contact Brian Horsfield, Yvonne Magneheim and Chuck Johnson with any needed changes so we can update the Program Book, member database and newsletter mailing list. There is one update as of March:

2026 Calendar of events

(dates subject to change)

March 6th – Friday - **Corned Beef & Cabbage**

April 11th – Monitor's **114th Anniversary** luncheon

April 24-26 – **District convention** location TBD

May 9th – **Kraftskiva** at location TBD

June 5th – Friday – **Midssommar** at IOOF Hall

June 6th – Saturday – **District Sweden Day** – location TBD

July – no meeting

August 8th – Saturday – **Kraftskiva**

September 4th - Friday - **Nominations** - 2027 officers

October 2nd – Friday - **Swedish Tacos**

November 6th – Friday – **FIKA**- elections

December 5th – Saturday – **Julbord and Glögg party**

December 11th – Friday – **St. Lucia**

2027 Calendar of events

(dates subject to change)

January 8th – Friday – **Installation of officers**

February 5th – Friday – **Pea Soup & Pancakes**

March 5th – Friday – **Corned Beef & Cabbage**

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Page 7: Edythe "Edy" Anderson, PDM, HLM *new member*
1836 Laser Drive
Sparks, NV 89436-9301
775-626-0657
tissylizzy.48@yahoo.com

Meet our newest member –Edy Anderson. Edy is a Golden Gate District Past District Master and HLM who has transferred her membership from Nord Lodge to Monitor Lodge with a storied VASA career:

"I have been on quite a memorable and thrilling trip through Vasaland of the past 51+ years chronicling my VASA story.



I was born in Sparks, Nevada, where I still reside. I hope that soon I'll be able to travel "over the hill" to attend one of Monitor's exciting functions. I thank the members of Monitor Lodge No. 218 for admitting me as one of your newest members. This gives me a feeling of being "at home" again.

In early 1974 a news article appeared in the local newspaper inviting local residents of Swedish descent to attend a meeting to learn about the Vasa Order of America. Like a bug drawn to a light, I was right there at the designated time! And my story begins.

Past District Master Walter Sullivan instituted Reno Lodge No. 711 on November 2, 1974. My daughter Les and I were initiated as Charter Members. She eventually dropped out because of her young age and of course school taking up most of her time. I am now the last surviving Charter Member of that Lodge.

It didn't take long until I was elected Local Lodge Secretary and held that position until the mid 80's. I started attending District Lodge Conventions and was very anxious to get involved. I was elected District Secretary and held that position for four years until elected to the Executive Board and then District Master for 1989-90. During my term I instituted the new Lodge Valhalla No. 746 on October 1, 1989, assisted by the Past District Masters' Club.

I served as Secretary of the 1990 Grand Lodge Convention Committee hosted by District Lodge Golden Gate No. 12.

I was a member of the former Golden Gate Resort Center and the Vasa Recreation Club, holding many officers' positions. Served on Committee to establish the Trollebo Swedish

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Family Camp and as Camp Director 2006-2012 when the camp was closed.

I was a dual member of Nord Lodge No. 392 for a number of years until Reno Lodge No. 711 was dissolved December 31, 2010. I became a regular member of Nord until its dissolution.

I attended ten Grand Lodge Conventions, served as Chairperson of the District Memorial Team 1997-2024 and I am still serving as Treasurer of the Past District Masters' Club.

At the District 12 Convention on October 1, 2022, I was given the honor of receiving an Honorary Life Membership in District Lodge Golden Gate No. 12.

In January, 2026 I was admitted as a transfer Member of Monitor Lodge No. 218 after the dissolution of Nord Lodge No. 392.

I am honored to have made so many close and lasting friendships and cherish all who I consider my Vasa family.

A *grattis på födelsedagen* to our birthday celebrants for **March**: Kenneth Carlson*, Paul Koze*, Sarah Ruiz, Susanne Smith, Levi Sprague and Jan Volkoff* (* denotes member 75 years of age or older).

A reminder that our Scholarship committee is accepting applications for our 2026 scholarship. The annual VASA scholarship deadlines are fast approaching. The Grand Lodge 2026 application is due no later than February 15, 2026 while Monitor Lodge's and Golden Gate District's applications are due no later than **April 1, 2026**. Applicants will find all the necessary information and application forms on our website at:

<https://www.monitorlodgesacramento.org/membership/scholarship/>

Read the instructions carefully as the requirements are different for each scholarship.

Did you know _____ about Monitor Lodge? This occasional section features factoids about Monitor Lodge and VASA. This month we extracted some history about our meeting places from the Monitor Centennial report:

"In the early years, meetings were held at the Pythian Castle at 9th and I streets where the Post Office now stands. This was an old building that was designed to resemble a castle. It was infested with bats and the appearance of these nocturnal guests during meetings sometimes lent genuine excitement to the rituals. Thirty members were initiated at the first meeting, but the charter was held open for some time and a total of one hundred were considered charter members. The first chairman was Theodore Erikson who went on to become a District Master in 1919.

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In those early years, meetings were held twice a month with one of them being a dance. In the fall a Masquerade Ball topped the years calendar of events where one's partners were signed up in advance on dance bids. Swedish was spoken during the meetings and written into the records until January of 1941 when English was first used.

Monitor has roamed about town from the beginning. After Pythian Castle it moved to Redman's Hall in 1914. On to Forester's Hall in 1920 and in 1925 it settled in at Odd Fellows Hall in Oak Park where it remained until 1960. In December of that year, it moved to Norway Hall in North Sacramento. Then it moved to Wisteria Hall (Grange) in 1991. With the remodeling of that facility in 2007 it became more difficult to find a

suitable place. The Turnverein was followed by Veterans Hall and then on to the present location, IOOF Hall in 2007 near Arden Fair Mall. Several members are thankful for our stay there especially faithful member and chairman Ed Netzel. Monitor nearly became a fatality during WW1 when immigration was stopped, and the young men were drafted. Membership dropped to less than ten, but after the Armistice it quickly grew again."

Current financial report (summary) as of February from our Financial Secretary and Treasurer. We continue to be comfortably in the black but with increasing costs we need to explore other opportunities to raise monies to support Monitor's activities and scholarships. The February figures do not reflect the pending District/Grand Lodges assessment for 2025 of \$2,568.75.

<u>General Fund</u>	<u>Children's Club</u>	<u>Nål och Tråd</u>	<u>Scholarship</u>	<u>Totals</u>
\$8,971.06	\$93.77	\$5,189.37	\$9,104.62	\$23,358.82

How good is your Swedish vocabulary? If you want to brush up on your Swedish you have several options. We have Monitor's in-person/ZOOM Swedish language classes led by Will Hanley. In addition to the on-line tutorials utilized by some of Will's students at Innovative Languages (<https://www.innovativelanguage.com/>) you will find Swedish vocabulary and lessons in Nordstjernen (<http://www.nordstjernen.com/>) and in the Swedish edition of The Local (<https://www.thelocal.se/>). You can also get a language fix from bi-weekly podcasts at: <https://shows.acast.com/the-newbie-guide-to-sweden-podcast>.

Today's word of the day is provided by the [August 11, 2025](#) edition of *The Local* is a memorable Swedish word: **glömma** means 'to forget'.

Swedish actually has a more direct equivalent to 'forget' in the form of the verb *förgäta*, but *glömma* is the word that's much more commonly used. In known use since the 1300s, *glömma* can be traced back to the Old Swedish *glöma*, which can be compared to the Old Icelandic *gleyma* with the same meaning.

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As well as the sense of not remembering, it can also be used to convey leaving something behind in a certain place. Whereas this kind of use is commonplace in Swedish, English dictionaries still define this as non-standard. So while it's fine to say "I forgot my keys", a pedant might pull you up if you say "I forgot my keys at home."

Not so in Swedish, and various forms of *glömma* being used this way have been in the news recently after Sweden's former security advisor left sensitive documents behind at a conference centre: "*Henrik Landerholm [glömde](#) fyra sekretessbelagda handlingar på en kursgård.* Henrik Landerholm left four sensitive documents at a conference centre. *Landerholms [glömda](#) dokument rörde hemligt möte.* Landerholm's mislaid documents concerned a secret meeting.

As to where it comes from, the verb shares a root with words like *glädje* (happiness) and *glad* (happy). In this sense, the verb relates to the idea of getting so lost in something that makes you happy that you lose the memory of something or lose track of time. The adjective and noun forms are *glömsk* (forgetful) and '*glömska*' (forgetfulness, oblivion). If, for example, something fades into oblivion, in Swedish you can say *den/det faller i glömska*.

You might also sometimes hear the outdated but related verb, *förglömma*, which is mostly used in the construction *inte att förglömma* or *icke att förglömma*, which means '...and not forgetting' or 'last but not least'.

Example sentences

Jag har glömt vad hon heter. I've forgotten her name.

Hur kunde du glömma att köpa en present? How could you forget to buy a present?

Det är lätt att glömma sitt modersmål när man bor i Sverige. It's easy to forget your native language when you live in Sweden.

For the good of the order: 1 Some Swedish real estate terms to keep in mind when browsing listings:

"Mysig" 🖐️ "cozy" often means small — sometimes very small.

"Charm" 🖐️ "charm" can mean outdated -- check plumbing, wiring, and windows.

"Stor potential" 🖐️ "great potential" -- translation: needs renovation (and a bigger budget than expected).

"För den händige köparen" 🖐️ "perfect for the handy buyer" -- you'll need tools, time, and patience.

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2. Our March meeting cultural presentation will be about *runes* given by Sara Huber. Be sure to join us then.

Editor: Chuck Johnson



"CUPS OF TEA - IT'S A HABIT THEY
PICKED UP ON THE ENGLISH RAIDS!"

"Cups of tea - it's a habit they picked up on the English raids!"

Jackson Graham