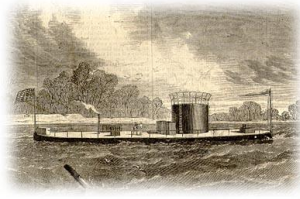


# Monitor Lodge, #218

Sacramento, California

Meets at I.O.O.F. Hall, 1831 Howe Ave

<https://www.monitorlodgesacramento.org/>



November 2023

**Our October meeting saw the kickoff** of what may become a new Monitor culinary tradition: Swedish Tacos Night. We started the evening with the initiation of yet another new member – Jeffrey Brodd, followed that with the meal and wrapped up the evening with a very interesting presentation by John Hingtgen on the differences between Swedish and American energy usages and costs for different energy sources from biofuel to solar to wind to fossil fuels. If you missed the meeting, you will find a copy of his presentation on Monitor’s website at the end of the Resources page at:

<https://www.monitorlodgesacramento.org/resources/past-cultural-presentations/>

**Upcoming Monitor events.** In November we will conclude the nomination process for the election of our 2024 officers, initiate yet some more new members and finish the evening with a cultural presentation by Dr. Marjorie Wade talking about the Swedish adventures of the **Codex argenteus**. We will close out the calendar year with our traditional Julbord and St. Lucia celebrations in early December.

## Meet our newest members: **Bobbie Watson**



I was born and raised in Sacramento. My parents were transplants from Houston, Minnesota (mom) and Milwaukee, Wisconsin (dad). WW2 brought my father to Sacramento. I assume that the Sacramento weather helped their decision to settle here and leave the cold winters in the

Midwest. I have always been interested in my heritage. As a

### 2023 Calendar of events (dates subject to change)

November 3<sup>rd</sup> – Friday –  
2024 elections

December 2<sup>nd</sup> – Saturday –  
**Julbord**

December 8<sup>th</sup> – Friday –  
**St. Lucia** celebration

### 2024 Calendar of events (dates subject to change)

January 5<sup>th</sup> – Friday –  
**installation of officers**

February 2<sup>nd</sup> – Friday – **Pea  
Soup & Pancakes**

March 1<sup>st</sup> – Friday – meeting

April 6<sup>th</sup> – Saturday – **112<sup>th</sup>  
Anniversary luncheon**

**April 20<sup>th</sup> – Saturday -40<sup>th</sup>  
annual Scandinavian  
Festival**

May 4<sup>th</sup> – Saturday –  
**Sillfrukost**

June 7<sup>th</sup> – Friday –  
**Midsommar**

**July** – no meeting

August 3<sup>rd</sup> - Saturday –  
**Kraft kiva**

September 6<sup>th</sup> – Friday –  
**Officer nominations**

October 4<sup>th</sup> – Friday –  
**Swedish Taco Night**

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teenager I was given a lot of my German family side while visiting an elderly Aunt in Milwaukee, Wisconsin. She had all the names and dates, even without technology. I was amazed with her memory. We toured the local cemeteries, and I wrote down the facts from headstones. I still have those notes from 50 years ago. That was the old school method of the day.

I did my DNA on Ancestry in April 2018 and started to find DNA matches. Surprisingly, most of my matches were from my maternal side. Clearly it is because my Swedish side had large families. Before I did my DNA, I knew that all my great grandparents were immigrants. My maternal from Sweden and paternal from Germany. I was surprised to find so many of my DNA matches were in Sweden. I collaborated with my matches, and we discovered our bloodlines. I had a lot of idle time in 2020 and 2021 and I turned my daily activities to genealogy. Over the last few years, I managed to correspond with about twenty in Sweden and organize a cousin reunion in July 2023. I was in Sweden 2 weeks and want to return as soon as possible. My distant cousins in Sweden were quite hospitable and showed me where my great grandparents lived prior to leaving Sweden. It is interesting that many of the cousins in Sweden had descended from ancestors that stayed in the same area for hundreds of years.

I am active in Scandinavian Dance, and just came back from a dance camp weekend where we learned several Norwegian dances. I attend a weekly dance class and learn dances from all over Scandinavia. I also participate in local folk-dance events and enjoy dancing and the wonderful people I meet. I love learning about the history of Sweden. During childhood I was barely exposed to any Scandinavian customs. Other than Swedish meatballs and Lutefisk I knew little of foods or traditions of Sweden. I hope to learn more about my Swedish heritage and share it with my two daughters and five grandchildren. I am working on a family history book and will include what I have learned from visiting Sweden.

During my career I was an accountant. I love solving puzzles, and accounting and genealogy are both basically puzzles.

**Kellie Baumgartner-Paredes (Paredes):** Kellie was born in the small town of Olivia, MN, with a rich Scandinavian heritage. Kellie's paternal grandmother's family immigrated to the United States from Sweden.

Kellie attended the College of St. Benedict in St. Joseph, MN for two years before traveling to Madrid, Spain to study for a semester, through a school program and then transferred to the Universidad de Complutense, Madrid for a second semester. Upon her return to the United States Kellie transferred to the University of St. Thomas in St. Paul,

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Minnesota, where she completed her B. A. in Spanish Education. After that, Kellie completed a Masters Degree in Foreign Language Education, a minor in ESL, and certification to teach English at the secondary level at Purdue University in West Lafayette, Indiana.



After graduating from Purdue, Kellie and her husband, Luis Mario Paredes moved to Northwest Georgia, where they lived for eight years with their two children before moving to Southern California for two years, and then made their permanent home in Sacramento, California in 2000.

Kellie has taught Spanish for 41 years at all levels of education and currently teaches at Saint Francis Elementary School in downtown Sacramento.

Kellie is a member of the Sacramento Choral Society and Orchestra and has enjoyed singing with them for 21 years. Through this organization, Kellie was able to travel to Stockholm, Sweden and get to know that area, somewhat, hoping to learn a bit about her forebearer's world.

**A grattis på födelsedagen** to our birthday celebrants for **November**: Mike Carlson\*, Susan Edelmayer, Russell Ellis\*, Donna Niemoller\*, Elizabeth Swenson-Miura, Loren Weatherly\* and Larry Woodward. (\* denotes member 75 years of age or older).

**Annual Program book updates.** While we endeavor to ensure the information is correct, it is a living document so please contact Brian Horsfield, Anita Nord and Chuck Johnson whenever your information changes so we can update the Program Book, membership database and newsletters. Tack så mycket.

Page 6	Jeffrey Brodd 4423 Park Green Court Sacramento, CA 95821 916-712-4636 cell <a href="mailto:jbrodd@csus.edu">jbrodd@csus.edu</a>	new member
Page 10	Kellie Paredes 5604 Andes Court Sacramento, CA 95842 916-743-7782 cell <a href="mailto:kelliemario@gmail.com">kelliemario@gmail.com</a>	new member

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Page 11      Bobbie Watson      new member  
8609 Spring House Way  
Elk Grove, CA 95624  
916-996-7780 cell  
[rwatsonelkgrove@aol.com](mailto:rwatsonelkgrove@aol.com)

**Important reminder:** Our 2024 dues are due on January 1, 2024. The yearly dues are still \$35.00 **per** member 14 years of age and older. Dues are delinquent on March 31st. Please make checks payable to Monitor Lodge #218 and mail your dues to:

Anita Nord, Monitor Financial Secretary  
6435 Palm Ave.  
Carmichael CA 95608

Tack så mycket in advance for your diligence in getting payment in early. We also ask that you consider making a donation to our scholarship fund when you send in your renewal check in honor or in memory of a loved one or just because.

**Current financial report** (summary) as of the end of September 2023 from our Financial Secretary and Treasurer. We continue to be comfortably in the black.

<u>General Fund</u>	<u>Children's Club</u>	<u>Nål och Träd</u>	<u>Building</u>	<u>Scholarship</u>	<u>Totals</u>
\$10,691.53	\$ 232.73	\$6,144.70	\$4,668.89	\$7,361.86	\$28,999.71

**Did you know \_\_\_\_\_ about Monitor Lodge?** This occasional section features factoids about Monitor Lodge and VASA. This month we are taking a very short walk down memory lane featuring Monitor Lodge members participating in past Scandinavian Festival events.



1986 at Board of Realtors Auditorium



1991 Eivor Pfannkuch, Karin Johnson, Annika Anderson and Karin Bodelson

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1997 Emily Carlson as Swedish flag bearer



2000ish at St. Ignatius auditorium



2000ish at St. Ignatius auditorium



2010 at Divine Saviour - flag bearers

**How good is your Swedish vocabulary?** If you want to brush up on your Swedish in addition to Monitor's Swedish language classes led by Will Hanley you will find Swedish vocabulary and lessons in the Swedish edition of The Local (<https://www.thelocal.se/>) or Nordstjernen (<http://www.nordstjernen.com/>). You can also get a language fix from bi-weekly podcasts at: <https://shows.acast.com/the-newbie-guide-to-sweden-podcast>.

We are deferring our regular Swedish "word of the day" section until our next newsletter.

### For the good of the order:

- If you like Swedish noir movies and TV shows, check out Rebecka Martinsson ([https://www.imdb.com/title/tt6623682/?ref=fn\\_al\\_tt\\_1](https://www.imdb.com/title/tt6623682/?ref=fn_al_tt_1)). It is set in northern

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Sweden and the Sápmi region and provides a fascinating window into the social mores and cultural lifestyles not normally seen on American TV. The show's audio is in Swedish but it does provide English subtitles.

- Make sure you review the attached Julbord information as it is not too early to start planning your food prep ideas be it for Monitor's and/or your family's Julbord. Remember to check the list of recommended on-line food sources and order early as some vendors run out of items like lingonberries and Prinskorv quickly.
- And if you are traveling to Seattle anytime soon check out Thomas Dambo's latest work: *Pia the Peacekeeper, Bainbridge Island's Troll*.



There are now six Dambo trolls in the greater Seattle area in West Seattle, Issaquah, Ballard, Bainbridge Island and Vashon Island. Learn more about them at:

<https://www.parentmap.com/article/giant-trolls-thomas-dambo-seattle>

  
Newsletter editor: Chuck Johnson