

Vasa Julbord

Table 1: Herring +

Pickled herring *Inlagd sill*
Mustard herring *Senapssill*
Herb garden herring *Örtagårdssill*
Herring salad *Sillsallad*
Marinated salmon *Gravad lax*
Dill potatoes (mini) *Dillpotatis*
Garnished egg halves *Ägghalvor*
Crisp bread *Knäckebröd*
Limpa rye bread *Limpa*
Butter *Smör*
Cheese *Ost*

Table 2: Cold Dishes

Christmas ham *Julskinka*
Roast beef *Rostbiff*
Types of sausage *Olika sorters korvar*
Baked salmon *Ungsbakad lax*
Salmon mousse *Laxmousse*
Liver pâté *Leverpastej*
*Jellied veal *Kalvsylta*
Pickled cucumbers *Inlagd gurka*
Picklet beets *Inlagda rödbetor*
Beet salad *Betor salad*
Cabbage salad *Kälsallad*
Potato salad *Potatissallad*
Pickles *Ättiksgurkor*
Olives *Oliver*
Radishes *Rädisor*
Crisp bread *Knäckebröd*
Limpa rye bread *Limpa*
Butter *Smör*

Table 3: Warm Dishes

Potato sausage *Potatiskorv*
Swedish meatballs *Svenska köttbullar*
Prince sausages *Prinskorv*
Lingonberry sauce *Lingon*
Dill potatoes *Dillpotatis*
Jansson's Temptation *Janssons frestelse*
Brown beans *Bruna bönor*
Red cabbage *Rödkål*
*Spareribs *Revbensspjäll*
*Cabbage rolls *Kaldolmar*

Table 4: Desserts

Fruit salad *Fruktsallad*
Rice pudding *Risgrynsgröt*
Lingonberry sauce *Lingon*
Spritz cookies *Spritsar*
Rosettes *Struvor*
Ginger snaps *Pepparkakor*
Almond cake *Mandelkaka*
Oatmeal cookies *Havrekakor*
Swedish apple cake *Äppelkaka*
*Chocolate balls *Chokladbollar*
Dreams *Drömar*
*Pecan crescents *Halbmånen*
*Spice cake *Brunpepparkakor*
*Macaroons *Kokoskakor*

*Foods occasionally served

Some recipe books and Scandinavian food sources are listed on the reverse side of this page.

Here is a collection of some of the recipe books compiled by Monitor Lodge over the years:

1967 - [*Cook's Delight with a bit of Sweden*](#) (~15 Mb PDF)

1992 - [*Favorite Swedish Smorgasbord Recipes*](#) (~10 Mb PDF)

1994 - [*Cookies just like Mormor used to make*](#) (~4 Mb PDF)

2016 - [*Akvavit Recipe Book*](#) (~ 100kb PDF)

You will also find these books listed on Monitor's web site at:

<http://www.monitorlodgesacramento.org/ohana/website/?p=4299153>

You can also query online for Swedish recipes and find many other great ideas.

Some potential sources of hard-to-find Scandinavian food items are:

Scandinavian Specialties

6719 15th Ave NW, Seattle, WA 98117

206-784-7020 or 1-877-784-7020 (toll-free)

<https://www.scanspecialties.com/>

Willy's Products Scandinavian Food Store

1637 NW 38th Ave, Fort Lauderdale, FL 33319

954 316-1350

<https://www.scandinavianfoodstore.com/>

Ingebretsens's

1601 East Lake Street, Minneapolis, MN 55407

800-279-9333

<https://www.ingebretsens.com/shop/food>

Hemslöjd

201 N Main St, Lindsborg, Kansas 67456

800-779-3344

<https://www.hemslويد.com/category/food.html>

Sadly **Nordic House** in Berkeley has gone out of business.

But don't forget **Corti Bros** right here in Sacramento as well.

Courtesy of Monitor Lodge # 218 of Sacramento, California
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